

FIRST AID TRAINING for Riders. We have been fortunate enough to secure Medi-K First Aid trainers to deliver a 3 hour training programme in riders first aid. It will be on 28th September from 09.30 to 12.30 at Hulver Village Hall - this is a specially designed course, with an attendance certificate for anyone who has anything to do with riders. The price is £28/head for 12 people. We will run it for 10 at that price too. I have 2 people signed up, deposit of £10 to secure. Please let me know by Facebook/Email or PM. should have safety in mind and this will help ensure you feel confident about what to do and when to do it, should a fall happen - please put your name down. Many thanks – Louise Hawkins, Training organiser

# Emergency Response First Aid Equine Specific

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## Emergency Response (3 Hours)

This is a course in "Equestrian Specific" Emergency first aid and is suitable for those riders who would like to gain a basic knowledge of emergency procedures.

Beneficial to happy hackers, liveries and mothers of pony mad children, and those that don't require a nationally recognised qualification in first aid for their chosen ridden profession.

This basic course covers a wide range of first aid emergencies, enabling all participants to deal with emergency situations with confidence in a prompt, safe and effective way.

### LEARNING OUTCOMES

- Resuscitation
- Assessment of the situation
- Dealing with an unresponsive casualty
- Bandaging
- Choking
- Control of bleeding
- Sprains and strains
- Riding hat and body protector removal

### DURATION

This course consists of three hours of both theoretical and practical activities offered on site at your riding establishment.

### CERTIFICATION

All participants will receive training by experienced instructors.

On successful completion of this course all participants receive a manual and a certificate of attendance.